

Transition Year – Climbing

Subject: Climbing

Number of Periods per week: 1

Class Teacher: Peter Palffy

Aims and objective:

Aim:

The aim of the TY climbing framework is to encourage learners' confident, enjoyable and informed participation in climbing while in school and in their future lives.

Objectives:

The purpose of this course is to give participants an enjoyable, safe and informative introduction to sport climbing. The course is designed for people with no prior knowledge of sport climbing.

Participants will be introduced to: equipment, climbing techniques, checking procedures, belaying for top-roping and climbing calls.

Course content:

1. Correct harness usage
2. Correct tie-in technique using the figure-of-8 knot
3. Correct belay technique using a friction device
4. Correct use of climbing calls
5. Perform pre-climb checks



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Method of assessment:

This Curriculum Framework advocates forms of assessment:

Student Performance: Students share in the assessment process. The needs of individual students are identified for the purpose of planning instruction; students are assessed for the purpose of selection and grouping

Assessing student performance is a process of collecting and interpreting information about the acquired knowledge, experiences, skills, attitudes and behaviour of learners as they interact in and with the curriculum.

Climbing strives for the following general curriculum outcomes:

1. Perform efficient, creative and expressive movement patterns consistent with an active living lifestyle;
2. Demonstrate critical thinking and creative thinking skills in problem posing and problem solving relating to movement;
3. Assess attitudes and behaviours during activity in relation to self, the class, the school and the community
4. Demonstrate socially responsive behaviour within the school and community
5. Exhibit personal development, such as positive self-esteem, self-responsibility, leadership, decision-making, cooperation, self-reflection and empowerment during climbing

